

Personal Information:

Name	Carla Samantha Douglas	Main Subject	Primary Education	Specialism	Physical Education
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My academic qualifications:

School/College	University
Joseph Swan Academy (2008-2013) GCSE: Maths (C), English Language (C), English Literature (C), Physical Education (C), ICT (B) BTEC National Diploma: Science (PPP), Health and Social Care (D*D*D*)	Northumbria University (2015-2018) BA (Hons): Sports Development with Coaching (2.1) North East Partnership SCITT (2018-2019) PGCE and QTS: Primary with Physical Education (Pending)
Newcastle College (2013-2015) BTEC Extended Diploma: Sport and Exercise (D*D*D*)	

The experience I have had in schools:

PGCE Placements	Bailey Green Primary School , North Tyneside (September- December 2018 / April-June 2019) Morpeth Road Primary Academy , Northumberland (January - March 2019)
Undergraduate Placements	St Oswald's Primary School , Gateshead (November 2017) Front Street Primary School , Gateshead (June 2018)

The strengths I have within my teaching:

Core Subjects	Physical Education	Other
I have significantly developed my subject knowledge in the core subjects during my PGCE year. This is a result of teaching Literacy, Numeracy and Science in key stage one and two during my placements and attending a range of training and CPD sessions. When I am not teaching I find time to observe lessons to continually develop my knowledge. By the end of my training year I will have had experience teaching the core subjects in upper and lower key stage two and key stage one.	I have in-depth subject knowledge in Physical Education from my own experience in a broad range of activities and from the training I have received during my PGCE year. I am confident when delivering activities across all areas of the National Curriculum and understand how to deliver effective lessons. NGB Teachers Courses: British Gymnastics Core Proficiency, England Netball High 5, RFU Kids First Tag/Rugby Ready, FA Primary Teachers, EWCB Primary Cricket, Tennis Foundation Primary School Tennis Teacher, England Athletics Primary Run, Throw and Jump, Level 2 Swimming Teaching, YST Bupa Start to Move, YST Matalan TOP Sport, Sainsbury's Inclusive Practice in PE. NGB Accredited Courses: Level 2 Multi Skills, Level 2 Principles and Preparations in Sport, Safeguard and Protecting Children, First Aid.	During my training year I will develop my understanding of how to effectively teach Computing in primary schools and will gain experience in the foundation subjects. Through lesson observations and training sessions I have developed a range of behaviour management strategies and have applied these into my practice while on placement; as a result I have been able to engage with pupils effectively resulting in high levels of progress in my lessons.

My personal skills and qualities:

My passion is to work with children, developing them as people and helping them to achieve their goals. I am a pro-active, highly motivated and enthusiastic individual who puts the utmost effort into everything that I do. I have effective communication skills and an approachable manner which allow me to easily build professional relationships with both adults and pupils. As a result of my training year, my organisation and resilience have significantly improved which is evident in my teaching practice. I am a reflective practitioner and can utilise feedback to enhance my teaching; resulting in progress continually being made across all Teachers' Standards and in my lessons.

My other interests and hobbies:

In my spare time, I enjoy socialising with my friends and taking part in sports such as swimming or attending the gym. Throughout my whole life I have been part of different sport teams and in particular swimming. I joined Gateshead and Whickham Swimming Club when I was 10 years old and swam at this club until I was 18. During this time I competed at regional standard attending competitions in Leeds and Sheffield. This gave me a passion for sport and from this I was able to volunteer at a local disability swimming club supporting children with disabilities to learn how to swim. My other interest is travelling to new countries as I am keen to see different parts of the world and embrace different cultures. Some places that I have travelled to include America, Mexico, Aruba, Italy and Portugal.

Preferred location:

North East