

## Personal Information:

|      |               |              |                    |                |         |
|------|---------------|--------------|--------------------|----------------|---------|
| Name | Laura Cruxton | Main Subject | Physical Education | Second Subject | Science |
|------|---------------|--------------|--------------------|----------------|---------|

## My academic qualifications:

|   |  |
|---|--|
| School/College  | University   |
| <b>Emmanuel College Gateshead</b> (2008 - 2015)<br>GCSE: English Language (B), English Literature (A), Mathematics (A), Science (A), Additional Science (A), Physical Education (A*), Religious Education (A), Geography (B), French (B), D&T: Graphic Products (A), Business Studies (A)<br><br>A Level: Physical Education (A), Business Studies (A), Geography (B) | <b>Edge Hill University</b> (2015 - 2018)<br>BA (Hons): PE and School Sport (First Class)<br><br><b>North East Partnership SCITT</b> (2018 - 2019)<br>PGCE and QTS: Secondary Physical Education (Pending) |

## The experience I have had in schools:

|   |   |
|---|---|
| PGCE Placements                                 | <b>Thorp Academy</b> , Gateshead (September – December 2018)<br><b>Whickham School and Sports College</b> , Gateshead (January – June 2019)                 |
| Undergraduate Placements                        | <b>Lansbury Bridge School and Sports College</b> (SEND), St Helens (March 2016; March 2017)<br><b>St Thomas More Catholic School</b> , Gateshead (May 2018) |
| Other Placements and / or Employment in Schools | <b>Emmanuel College</b> , Gateshead (June 2017)   |

## The strengths I have within my main subject area:

| Personal Strengths   | NGB/Other Coaching Awards  | Teaching Strengths   |
|--|--|--|
| <ul style="list-style-type: none"><li>I captained my secondary school hockey team, I was awarded hockey Player of the Year at university in 2016/17 and I am now playing hockey for Gateshead Ladies</li><li>I enjoy playing netball and badminton recreationally</li><li>I was awarded 'Most Inclusive' in the National Inclusive Futures Camp (Loughborough, 2015)</li></ul> | <ul style="list-style-type: none"><li>Sports Leaders UK Level 2 (2014)</li><li>Tennis Activator (2015)</li><li>Badminton Activator (2015)</li><li>Badminton Level 1 Teachers Award (2017)</li><li>Emergency First Aid at Work (2017)</li><li>Safeguarding and Protecting Children (2017)</li><li>Teaching Orienteering Part 1 (2018)</li><li>Autism Awareness (2018)</li><li>Teachers Trampoline Part 1 Teachers Award (2018)</li><li>Teachers Trampoline Part 2 Teachers Award (2018)</li><li>STA School Teachers Foundation Swimming Certificate and Pool Emergency Procedures (2018)</li><li>Introductory CPD Award in Teaching Parkour/ Free Running (2018)</li><li>Level 2 Dodgeball (2019)</li><li>Level 1 Frisbee (2019)</li><li>Introduction to Teaching Handball (2019)</li></ul> | <ul style="list-style-type: none"><li>I have experience in a broad range of sports, both playing and teaching. My strengths in core PE involve being creative and enthusiastic, thus maximising engagement</li><li>I have excellent subject knowledge in theoretical PE, particularly anatomy and physiology</li><li>I have worked closely with children with ASD as well as severe physical and visual impairments through Gateshead Council Active Kidz and FACETS over the past 4 years</li></ul> |

## My personal skills and qualities:

I am very passionate about working with young people of all ages and abilities and my compassionate and friendly manner makes me very approachable to young people. I am also extremely organised which has already greatly benefited my teaching practice. I use my initiative well, for instance I undertake weekly CPD at Blaydon Rugby Club, as this is a sport I have limited experience in. I am extremely proactive, always seeking new ways to improve my teaching; I have found Twitter to be an excellent source of CPD! (@LJCPE). I also like to keep up to date with technological advances, such as new apps to make activities more creative and efficient. My enthusiasm and creativity lends itself to maximise the engagement of pupils in my lessons.

## My other interests and hobbies:

I enjoy pushing myself out of my comfort zone to test my resilience and I most recently did so in my campervan adventure on the Northumberland coastline in Howick where I went coasteering. This involved jumping off high cliffs into freezing cold water and submerging myself through underwater passages into hidden caves. I also love to visit new places to get a feel for other cultures; my last exciting travels were to Venice and Slovenia which were eye-opening! In my spare time, I enjoy experimenting in the kitchen with new baking recipes, although nothing beats my classic Victoria sponge. To relax, I enjoy reading (particularly Liane Moriarty books) or doing some yoga.

## Preferred location:

North East