

Personal Information:

Name	Lorna Allen	Main Subject	Primary Education	Specialism	Physical Education
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My academic qualifications:

School/College	University
Walney School (2008-2013) GCSE: English Literature (C), English Language (B), Maths (C), Science (C), Additional Science (B), BTEC Sport (Distinction*), Electronics (B), Religious Studies (B), ICT (Pass)	Northumbria University (2015-2018) <u>BSc (Hons): Sports Coaching</u> (First Class)
Furness College (2013- 2015) BTEC Level 3: 90 Credit Diploma in Sport (Distinction* Distinction*), Extended Diploma in Sport (Distinction* Distinction* Distinction*)	North East Partnership SCITT (2018- 2019) <u>PGCE and QTS: Primary with Physical Education</u> (Pending)

The experience I have had in schools:

PGCE Placements	Cullercoats Primary School , North Tyneside (September - December 2018 / April- June 2019) Hadrian Park Primary School , North Tyneside (January - March 2019)
Undergraduate Placements	Keep Active (September 2016 - April 2017) Northumberland Sport (January - May 2017) St Cuthbert's Catholic Primary School (September 2017- May 2018)

The strengths I have within my teaching:

Core Subjects	Physical Education	Other
My core subject knowledge has developed significantly over the course of my PGCE year. This is a result of teaching Literacy and Numeracy whilst on placement in both key stage one and two. I have taken it upon myself to widen my subject knowledge in both areas by observing a large variety of lessons and researching relevant topic areas that are beneficial for the successful delivery of the core subjects. I feel that maths is my core strength as I have had greater experience in observing and delivering maths lessons.	I have in-depth knowledge of Physical Education from my own experience in a broad range of activities and training received during my undergraduate degree and PGCE year and I am confident in delivering across all activity areas. I understand how to deliver an effective and inclusive lesson which meets the needs and abilities of all children within a class. NGB Teachers Courses: British Gymnastics Core Proficiency, England Netball High 5, RFU Kids First Tag/Rugby Ready, FA Primary Teachers, EWCB Primary Cricket, Tennis Foundation Primary School Tennis Teacher, England Athletics Primary Run, Throw and Jump, YST Bupa Start to Move, YST Matalan TOP Sport, Sainsbury's Inclusive Practice in PE. NGB Accredited Courses: Level 2 Award In Multi-skills Development in Sport, First Aid, Safeguarding & Protecting Children, How To Coach Disabled People In Sport, A Guide to Mentoring Sports Coaches, Positive Behaviour Management In Sport, Smash Up! Badminton Activator.	I have developed my understanding of how to effectively deliver Computing through attending several courses which focus on enhancing prior knowledge of coding information and the importance of e-safety whilst using technology. I will be teaching this aspect of the curriculum at key stage one and two. I will also gain experience in the foundation subjects during my training year.

My personal skills and qualities:

I have effective communication skills and an approachable manner which enable me to build professional relationships with both adults and children. I am able to critically reflect on my practice and utilise feedback from others to heighten my teaching practice. Over the course of my PGCE year I have built resilience and developed my management skills. My positive attitude and energy have flourished over the course of the year and I have been very keen to contribute to the design and provision of an engaging curriculum by providing extra-curricular activities and active lessons.

My other interests and hobbies:

Sport has positively influenced my life from a young age and my passion and enthusiasm for sport has continued into adult life. I have been involved in a variety of sports teams from primary school through to university and in particular rugby union is my main sport, which I have continued to play whilst completing my PGCE. I have been playing rugby and football from a young age for Barrow Island Rugby League Club and Holker Football Club and I carried on playing rugby at university for the women's rugby union team. I have also had experience in various outdoor activities as I completed a Level 2 BTEC in Outdoor Education during my time at secondary school. As well as sport, I thoroughly enjoy socialising with friends and going on long walks in my free time. I often go on walks around the Lake District peninsula with friends as I thoroughly enjoy leading a healthy and active lifestyle whilst discovering glorious views.

Preferred location:

Any Location