

Personal Information:

Name	Myles Foggon	Main Subject	Physical Education	Second Subject	Science
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My academic qualifications:

School/College	University
Duchess Community High School (2010-2015) GCSE: Maths (A), English Literature (A), English Language (A), Biology (A*), Chemistry (A*), Physics (A*), Geography (A), Food Technology (A), Religious Studies (B) BTEC Level 2: PE (Distinction*) BTEC Level 3: Certificate: Applied Science (Distinction*) A Level: Physical Education (A*), Biology (A), Geography (A)	Northumbria University (2015-2018) BSc (Hons): Applied Sport and Exercise Science (First Class) North East Partnership SCITT (2018-2019) PGCE and QTS: Secondary Physical Education (Pending)

The experience I have had in schools:

PGCE Placements	Longbenton High School , North Tyneside (September-December 2018) Prudhoe Community High School , Northumberland (January-June 2019)
Undergraduate Placements	Gosforth Academy , Newcastle (September 2017-July 2018)
Other Placements and / or Employment in Schools	Bardale House School , Northumberland (January 2015) Duchess Community High School , Northumberland (November 2016; March 2017)

The strengths I have within my main subject area:

Personal Strengths	NGB/Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">School Captain for: Track and Field Athletics, Badminton, Table TennisRepresented Counties in: Badminton (Northumberland) and Track and Field Athletics (Northumberland)Currently participate in: Football, Badminton and a mixed SCITT Netball team. I also embody health and fitness daily	<ul style="list-style-type: none">Sports Leaders UK Level 2 Award in Community Sports Leadership QCF (2015)Teachers Trampoline Award Level 1 and 2 (2018)STA Safety Award for Teachers and School Teachers Foundation Certificate (2018)Introductory CPD Award in Teaching Parkour/Freerunning (2018)Introduction to Teaching Handball (2019)Level 2 Dodgeball (2019)Level 1 Ultimate Frisbee (2019)	<ul style="list-style-type: none">A broad and balanced subject knowledge in an array of sports, including Athletics and BadmintonAn expanding knowledge in sports I have less experience in such as Dance, Parkour and TrampolineA profound understanding of Physical Education theoryI have a strong presence in the classroom, used to facilitate a settled and calm learning environmentI am a very reflective teacher, utilising this skill to continually improve differentiation for students of all abilities

My personal skills and qualities:

I claim an impressive academic background which reflects my persistent high work rate. I have continually strived to achieve top grades in all of my academic endeavours; a trait I aim to echo throughout my whole teaching career and impart onto the students I teach. I graduated with First Class Honours in Sport and Exercise Science; this has allowed me to develop an in-depth insight into contemporary issues pertinent to youth populations, an opportunity I would revel to convey into school. I have a broad and balanced knowledge in a range of sports that is continually expanding; including performing to county standard in various sports. Throughout various placements, I have developed an excellent ability to build positive relationships and rapport with students of all backgrounds and dispositions; a quality I have found invaluable. I am passionate about exposing students to an array of curricular and extra-curricular experiences aiming to engage them with sport, health and fitness, for life. This is very important to me, as school is a short period of time relative to a lifetime, and as a teacher you need to engage students in physical activity to promote enduring participation.

My other interests and hobbies:

I am an advocate and enthusiast for all sport, health and fitness. I strive to immerse myself in as many sporting opportunities as possible; such as the 2019 Great North Run and a valuable member of the North East Partnership SCITT mixed Netball team and men's 6-a-side Football team. I embody health and fitness in my daily life, with weightlifting being my main pursuit; I take pride in staying up to date with contemporary developments in sport and exercise science and use this to inform my training. Beyond sport, I frequently make trips to the Lake District to participate in hiking; this provides a positive work life balance to manage stresses that inevitably come with a rewarding profession. I play a range of recreational sports such as Badminton and Squash and strive to expand my experiences to develop my subject knowledge in a variety of sports.

Preferred location:

North East and Yorkshire