

Personal Information:

Name	Lucy Watson	Main Subject	Physical Education	Second Subject	Science
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My academic qualifications:

School/College	University
Cramlington Learning Village (2012 - 2016) GCSE: English Language (A), English Literature (A), Mathematics (B), Biology (A*), Chemistry (A), Physics (A), History (A*), Business Studies (A), French (B), Physical Education (A*) and Spanish (B) AS-Level: Biology (A) A-Level: Physical Education (A), Business Studies (B), Psychology (B)	Northumbria University (2016 - 2019) BSc (Hons): Applied Sport and Exercise Science (First Class) North East Partnership SCITT (2019 - 2020) PGCE and QTS: Secondary Physical Education (Pending)

The experience I have had in schools:

PGCE Placements	Walker Riverside Academy , Newcastle (September – December 2019) Whitley Bay High School , North Tyneside (January – June 2020)
Undergraduate Placements	FA Wildcats , Newcastle - Coach (June - July 2019)
Other Placements / Employment in Schools	Hexham Middle School , Northumberland (June 2013) John Spence Community High School , North Tyneside (June 2019) Active Sporting Club , North Tyneside - Coach (July - August 2019) Little Kickers , Northumberland and North Tyneside - Coach (July 2018 - August 2019)

The strengths I have within my main subject area:

Sporting Strengths	NGB/Other Coaching Awards	Teaching Strengths
Represented School in: <ul style="list-style-type: none">Football (captain), rugby (captain), volleyball, cross country, athletics and cricket Represented County in: <ul style="list-style-type: none">Football (Northumberland) Represented University in: <ul style="list-style-type: none">Football (captain) Represented England Clubs for Young People in: <ul style="list-style-type: none">Football	<ul style="list-style-type: none">FA Safeguarding and Protecting Children Certificate (2018)FA Emergency First Aid Certificate (2018)Teachers Trampoline Level 1 and Level 2 Award (2019)STA Safety Award for Teachers & School Teachers Foundation Certificate (2019)Introduction to Teaching Handball (2019)England Hockey Beginner School Workshop (2019)Youth Mental Health First Aid (2019)ECB Cricket for Secondary Teachers (2019 & 2020)Level 2 Dodgeball Coaching Award (2020)Level 1 Ultimate Frisbee Coaching Award (2020)	<ul style="list-style-type: none">Strong subject knowledge across all areas of core PE, and in particular gamesStrong subject knowledge in examination PE and sport highlighted through my academic qualifications, CDP sessions during my PGCE and teaching experienceAble to develop excellent professional relationships with both students and staffAble to establish and maintain stimulating environments that promote a love of learning and student progressionQuestioning in order to expand students' knowledge and understanding and to check progress

My personal skills and qualities:

I am a very approachable, positive and self-motivated individual who always strives to achieve in everything I do; I have shown this in my teaching whereby high expectations are set and maintained to allow all students to progress. I am passionate about physical activity and all it encompasses; this is highlighted through my participation in sport and sustained research into the subject as I studied PE at GCSE and A-Level and completed a degree in Applied Sport and Exercise Science, receiving a first class honours. During my studies I have developed an extensive understanding of many topics regarding sport and physical education and have a vested interest in how physical activity and PE lessons can help individuals psychologically as well as physiologically. This increased during an undergraduate placement at St Nicholas' Hospital working with individuals who suffered with mental health issues. I feel a great sense of personal satisfaction and pride when children develop as a result of my support. I believe extra-curricular opportunities for children are essential to facilitate this development. I enjoy exploring new ideas and teaching methods to further enhance my practice and allow me to continually improve as a teacher. Ultimately my aim as a teacher is to be a positive role model for students whilst providing outstanding, engaging and enjoyable lessons, thus allowing students to have enjoyable learning experiences and establish lifelong positive attitudes around physical activity.

My other interests and hobbies:

I enjoy being physically active and currently play football for a local club. I also enjoy going to the gym and participating in the range of exercise classes available. I enjoy a walk in nature and exploring new places, particularly in the countryside. Family and friends are very important to me, therefore I often spend time with them, whether it be taking my younger brother swimming, walking our dog or simply enjoying a cup of tea. I am a very keen traveller and I enjoy exploring new locations and all they encompass; a return trip to Mexico is next on my bucket list.

Preferred location:

North East