

Personal Information:

Name	Sophie Whiting	Main Subject	Physical Education	Second Subject	English
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My academic qualifications:

School/College	University
Framwellgate School Durham (2009 - 2016) GCSE: Mathematics (B), English Literature(A), English Language (B), Science (B), Additional Science (C) History (A), Physical Education (A), Religious Education (A), Drama (B), French (C), ICT (Merit) AS Level: History (C) A Level: PE (A), Psychology (B), Sociology (B)	York St. John University (2016 - 2019) BA (Hons): Physical Education and Youth Sport (First Class) North East Partnership SCITT (2019 - 2020) PGCE and QTS: Secondary Physical Education (Pending)

The experience I have had in schools:

PGCE Placements	Lord Lawson of Beamish Academy , Gateshead (September – December 2019) Whickham School and Sports College , Gateshead (January – June 2020)
Undergraduate Placements	Haxby Road Primary School , York (3 months, 2017) Park View Community School , Durham (1 week, 2017, 2 weeks, 2018) York High School , York (2 months, 2018)
Other Placements and / or Employment in Schools	Coxhoe Primary School , Durham (1 week, 2015) Newton Hall Primary School , Durham (3 months, 2015 - 2016) Durham Trinity School , Durham (4 months, 2015 – 2016) York City Football Club, Football Therapy Coach , York (1 year, 2017) Kings Camp Multi-Sports Coach , York (Easter / Summer Holidays, 2017) Disability Multi Sports Coach , York (6 months, 2017) Athletics Coach , York (2 months, 2017) Exam Invigilator , Durham (3 summer exam periods, 2017 - 2019) NCS Mentor , York (1 month, 2018) Gamesweek Holiday Camp Coach , Newcastle (3 weeks, 2019) Team Durham Holiday Camp Coach , Durham (1 week, 2019)

The strengths I have within my main subject area:

Sporting Strengths	NGB/Other Coaching Awards	Teaching Strengths
School captain for: <ul style="list-style-type: none">Football, Netball and Rounders Club captain for: <ul style="list-style-type: none">Coxhoe United Football Club (2012 - 2016) Played for: <ul style="list-style-type: none">York City Football Club 1st Team Represented university in: <ul style="list-style-type: none">Football and captained the team in 2018 - 2019 Competed in: <ul style="list-style-type: none">Gymnastics for 7 yearsDance since the age of 3 and completed all grades in ballet, tap, jazz and freestyle. Performed at the Royal Albert Hall, Saddlers Wells and Her Majesty's Theatre, London. I also received a contemporary and commercial scholarship with DUSC Dance	<ul style="list-style-type: none">Level 7 Refereeing Qualification (2014)Community Sports Leaders Award (2015)Higher Sports Leaders Award (2016)Safeguarding and Protecting Children (2016)Emergency First Aid in the Workplace (2016)Level 1 Football Coaching Qualification (2018)Quicksticks Hockey (2018)Goalball Qualification (2018)Street Games Dance Qualification (2019)Teachers Trampoline Award Level 1&2 (2019)STA Safety Award for Teachers & School Teachers Foundation Certificate (2019)Youth Mental Health First Aid (2019)Introduction to Teaching Handball (2019)ECB Cricket for Secondary Teachers (2020)Level 2 Dodgeball Coaching Award (2020)Level 1 Frisbee Coaching Award (2020)	<ul style="list-style-type: none">My broad range of sporting interests, together with my training during my PGCE, means that I am confident teaching across all areas of the PE national curriculumI have studied PE at GCSE, A Level and Degree Level and have achieved high grades throughout; this has enabled me to confidently teach examination PE. I would consider my theoretical strengths to be sport psychology, sociology and the history of sport

My personal skills and qualities:

Throughout my studies I have gained excellent results, including a first class degree which allowed me to gain a deeper pedagogical understanding of the factors that impact the holistic development of young people. One of the main reasons I want to become a PE teacher is to inspire pupils to develop a passion for sport and physical activity similar to my own and I understand the importance of contributing to extra-curricular activities in order to develop this sporting passion. I believe organisation is key to success, and this is something I consider to be a personal strength. I am driven to continually develop my practice and am a very reflective practitioner. I consider myself to be a hardworking and personable teacher with good communication skills.

My other interests and hobbies:

As a sports enthusiast, I spend my spare time taking part in physical activity, such as going to the gym, running and playing netball. I am a valued member of a local football team who are aiming to win the league this season. Additionally, I enjoy socialising with friends and visiting the theatre to watch various musicals.

Preferred location:

North East / York