Personal Information: Physical Education Joseph Thompson Main Subject Second Subject Name **English** Computer Science

My academic qualifications:

School/College University

Walker Technology College (2010 - 2017)

GCSE: English Language (A), English Literature (B), Mathematics (B), Additional Science (B), Physical Education (A*), Art & Design (A*) AS Level: English Language (C)

<u>A' Level:</u> Psychology (D)
<u>Level 3 BTEC Extended Diploma:</u> Sport (D*D*D*)

University of Northumbria (2017 - 2020)

BSc (Hons): Applied Sport and Exercise Science (2:1)

North East Partnership SCITT (2020 - 2021)

PGCE and QTS: Secondary Physical Education (Pending)

The experience I have had in schools:

PGCE Placements	Longbenton High School, North Tyneside (September - December 2020) John Spence Community High School, North Tyneside (January - June 2021)
Undergraduate Placements	Walker Riverside Academy, Newcastle (September 2017 – December 2019)
Other Placements / Employment in Schools	Welbeck Primary Academy, Newcastle, Primary PE (April – June 2018) St Charles Parsons School, Newcastle, SEND PE Assistant (May – July 2018) Walker Riverside Academy, Newcastle, English Assistant (April 2018 – June 2019) Astley Community High School, Northumberland, Rugby Assistant (February 2020)

The strengths I have within my main subject area:

Sporting Strengths

Represented England Kickboxing in:

- WKC World Championships (3rd)
- WAKO Irish Open (1st)
- Quebec Open (1st)
- Best Fighter (1st)
- ISKA World Championships (1st)

- Shotokan Karate since the age of 5 and achieved a 1st Dan Black Belt at 12 years
- Freestyle Kickboxing since the age of 12 and achieved a 1st Dan Black Belt and won British, European and World titles at a variety of prestigious tournaments
- Trialled for the Olympic Taekwondo GB Team 2015

NGB/Other Coaching Awards

- Level 1 FA Football Coaching Award (2019)
- Institute of Swimming Introduction to Teaching the Four Strokes (2020)
- Youth Mental Health First Aid Award (2020)
- Introduction to Teaching Handball Award (2020)
- Level 2 Dodgeball Coaching Award (Pending)
- Level 1 Ultimate Frisbee Coaching Award (Pending)
- ECB Secondary Teachers Cricket Award (Pendina)
- FA Secondary Teachers Football Award (Pending) British Gymnastics Level 1 and 2 Teachers
- Trampolining Award (Pending) Emergency First Aid at Work Qualification
- (Pending)

Teaching Strengths

- · My increased exposure to a wide range of sports during my PGCE has ensured that I am confident teaching across all areas of activity in the PE national curriculum
- Studying PE at level 2, 3, undergraduate and postgraduate, and achieving high grades throughout has ensured that I am confident in teaching examination courses. I particularly enjoy teaching sports leadership and sports psychology
- English Language and Literature have always been areas of keen interest. Having been given the opportunity to teach some English as part of my PGCE has enhanced my love for the subject, increasing my animation and enthusiasm in the classroom

My personal skills and qualities:

Coming from a deprived area, I have experienced first-hand how important teachers are in making a positive impact on students' lives and in particular the role that PE and sport can play. During my PGCE course, I proved myself to be strong at time-management, planning and prioritizing work whilst displaying total commitment in successfully balancing study, placements, part-time work and co-parenting my son. Naturally resilient, I respond positively to challenges, displaying a mature and responsible attitude, using every opportunity presented to learn and develop. Working in a number of mainstream schools with students from a range of backgrounds and different abilities, I have a clear understanding around how crucial it is to deliver fun and engaging lessons within a safe and positive environment where students can develop and achieve to the best of their abilities.

My other interests and hobbies:

I am a martial arts enthusiast and believe that self-defence is a key skill for students to learn; taught well it develops discipline and respect. This is something that I am keen to develop in curriculum PE and as part of an extra-curricular programme. I enjoy staying physically fit by exercising recreationally outdoors and at the gym. As a devoted father, I enjoy spending quality time with my young son at the park and soft play. He is the real driving force behind this journey of self-discovery, and I am aiming to provide my son with a better lifestyle and to become his number one superhero and role model.

Preferred location:

North East