

Personal Information:

Name	Rowan Rochester	Main Subject	Primary Education	Specialism	Physical Education
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My academic qualifications:

School/College	University
Durham School (2012 – 2016) GCSE: English Language (B), English Literature (B), Maths (B), Statistics (C), Biology (B), Chemistry (B), Physics (B), Physical Education (A), Religious Studies (B), Geography (B) AS Level: Biology (D) A' Level: Physical Education (B), Psychology (C), Business Studies (D), General Studies (D)	Northumbria University (2016 – 2019) <u>BSc (Hons): Applied Sport and Exercise Science</u> (2.1) North East Partnership SCITT (2020 – 2021) <u>PGCE and QTS: Primary with Physical Education</u> (Pending)

The experience I have had in schools:

PGCE Placements	Benton Dene Primary School , North Tyneside (September – December 2020 / April – June 2021) Crookhill Primary School , Gateshead (January – March 2021)
Other Placements and / or Employment in Schools	Beacon Hill School and College , North Tyneside (January 2020) Ashbrooke School , Sunderland (February – March 2020)

The strengths I have within my teaching:

Core Subjects	Physical Education	Other
<ul style="list-style-type: none">Throughout my time in primary schools this year, I have developed my subject knowledge considerably during KS1 and KS2 through observation, my own teaching practice and a range of CPD courses including Talk for Writing, Mastery Maths and NUSTEM Science. Strengthening my understanding has allowed me to become creative in lesson planning and delivery.I have enjoyed teaching maths and feel confident in my mathematical ability. Due to teaching a year 6 top set, I had to ensure my subject knowledge was sufficient to challenge the higher ability children. Also, I have relished teaching science and find working scientifically a great way to learn and develop scientific skills.By the end of my placements, I will have taught maths, English and science to KS1 and upper and lower KS2.	<ul style="list-style-type: none">My sporting background is varied, and I have competed to a high standard across a range of different sports. I have represented the North of England and attended England trials in hockey, the North East in tennis and the County in cricket, netball and athletics. I currently play hockey for Whitley Bay and Tynemouth Hockey Club and tennis for Jesmond Lawn Tennis Club. I also enjoy netball and attended 2 national finals while at school; I now play recreationally in a summer league.My sporting experience has been shown through confident delivery of lessons and effective learning strategies for behaviour management, encouragement of a balanced and healthy lifestyle and ensuring pupils adopt the key values of sports, such as sportsmanship, honesty, teamwork and communication. I believe that PE should be a fun and engaging subject where children are suitably challenged and curriculum objectives are met and where possible children are working above the expected level.NGB & Teachers Courses: Level 2 Hockey Coach, Safeguarding Children in Sport, Child Protection, First Aid, RLSS Lifeguard, Sainsbury's Inclusive Practice in PE, TOP Sport, Real PE and Gym, EN Bee Netball, FA Primary Teachers Award, RFU Kids First Tag (Pending), ECB Primary Teachers Award (Pending), LTA Primary Teachers Award (Pending).	<ul style="list-style-type: none">By the end of my PGCE year, I will have covered all foundation subjects through CPD, observation of experts and team and solo teaching.I have gained valuable training by attending numerous professional studies days and have developed a good understanding of a range of topics, including behaviour management, assessment and inclusion and how to implement them in schools with success.Art has been a subject I have really enjoyed learning about and I am looking forward to teaching it on my next placement.

My personal skills and qualities:

My ability to communicate with staff and pupils allows me to build strong relationships and work effectively in a range of schools. I instil my enthusiasm by adopting an attitude whereby I help anyone I can if I have the ability to do so. I pride myself on being highly organised and show resilience on tasks that do not always go to plan. My creative side has shone through this year working with children and taking on board their imagination and including ideas in planning. I am ambitious, hardworking and driven which is passed onto the pupils I work with both in the classroom and through my commitment to extracurricular activities; this is key to understanding the needs of children and ensuring their learning and progress.

My other interests and hobbies:

Sport and fitness are part of my daily life. Playing hockey, tennis and running on a regular basis allows me to model the importance of a healthy active lifestyle to the pupils; it is challenging but also rewarding being in a team, working alongside and for them. I enjoy creating exciting meals, cooking and socialising with my friends – which hopefully will be back to normal soon!

Preferred location:

North East