

## Personal Information:

Name	Sophie Alder	Main Subject	Primary Education	Specialism	Physical Education
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## My academic qualifications:

School/College	University
<b>Burnside Business and Enterprise College</b> (2010 - 2017) GCSE: English Literature (B), English Language (B), Maths (C), Core Science (B), Additional Science (B), French (B), D&T: Textiles Technology (B), Cambridge National in Sport at Level 2 (Distinction) AS Level: English Literature (D), Applied Science (B) A Level: Applied Science (B), Cambridge National in Sport Science at Level 3 (Distinction* Distinction*)	<b>Northumbria University</b> (2017 - 2020) <u>BSc (Hons): Applied Sport Science with Coaching</u> (2:1) <b>North East Partnership SCITT</b> (2020 - 2021) <u>PGCE and QTS: Primary with Physical Education</u> (Pending)

## The experience I have had in schools:

PGCE Placements	<b>St Joseph's RC Primary School</b> , North Tyneside (September - December 2020 / April - June 2021) <b>Amberley Primary School</b> , North Tyneside (January - March 2021)
Undergraduate Placements	<b>Ravenswood Primary School</b> , Newcastle (March 2020)
Other Placements and / or Employment in Schools	<b>PE Placement with Newcastle United Foundation</b> (October 2019 - March 2020) <b>Holystone Primary School</b> , Newcastle (March 2020)

## The strengths I have within my teaching:

Core Subjects	Physical Education	Other
<ul style="list-style-type: none"><li>I have significantly developed my knowledge through a range of CPD courses including: Talk for Writing; Read, Write, Inc.; Maths Mastery and NUSTEM Science, as well as working alongside specialists in English, Maths and Science.</li><li>I have observed outstanding teaching which has allowed me to deepen my understanding and have applied this to my teaching across KS1 and KS2 focussing on units such as addition and subtraction, multiplication and division and fractions in Maths, creative writing in English and Earth and Space in Science.</li><li>I am very confident in my Maths ability and thoroughly enjoy teaching Maths.</li></ul>	<ul style="list-style-type: none"><li>My passion for sport is reflected in my varied sporting background. I have played football, netball and rugby at school and club level, tennis for many years at club level and have competed in athletics competitions locally.</li><li>My degree in Sport Science and Coaching combined with my experience in sport and my PGCE training have had a positive impact on my confidence in delivering all aspects of the PE national curriculum.</li><li>I have been praised for my behaviour management in PE lessons which has allowed me to ensure that children are making progress. This is crucial in a time when more children are displaying increased levels of sedentary behaviour, obesity and mental health issues.</li><li><b>NGB &amp; Teachers Courses:</b> Sainsbury's Inclusive Practice in PE, TOP Sport, Real PE and Gym, EN Bee Netball, FA Primary Teachers Award, RFU Kids First Tag (Pending), ECB Primary Teachers Award (Pending), LTA Primary Teachers Award (Pending).</li></ul>	<ul style="list-style-type: none"><li>I have level 2 qualifications in key skills including: Working with Others; Improving own Learning and Performance and Problem Solving.</li><li>During my PGCE I have attended training and observed experienced practitioners teaching a range of foundation subjects including Art, Music, History and Geography. By the end of the year, I will have received training in all foundation subjects and had the opportunity to team teach and individually plan, resource and deliver lessons.</li><li>I have worked alongside experts in Computing and observed outstanding lessons which has allowed me to further my knowledge.</li><li>Attendance at CPD sessions on differentiation, inclusive practice, SEND, assessment for learning, behaviour management and outstanding teaching practice have enabled me to adapt my own practice to ensure all pupils can make progress.</li></ul>

## My personal skills and qualities:

My effective communication skills enable me to build strong and positive relationships with staff, pupils and parents whilst remaining professional. This has been recognised by my training provider through my election as Course Representative for the current cohort of SCITT trainees. I have utilised my communication skills to ensure my teaching is effective and pupils show progress. I am a reflective practitioner and continually strive to improve my teaching, taking on additional responsibilities and opportunities where I can, and listening to and acting upon advice. I am a quick thinker, flexible and adaptable which is evident in my lesson planning and differentiation across the curriculum. I am confident I have adopted a healthy work life balance by being organised and punctual with a strong commitment to extra-curricular activities.

## My other interests and hobbies:

Sport is a huge part of my life and I am passionate about providing different opportunities to all, especially those in deprived areas who may not be able to access them. In my spare time I enjoy walking, running and spending time with my family and friends. I love to explore new places and educate myself on heritage and culture which is beneficial to share with pupils. I like to read and enjoy recommending and discussing books with my pupils.

## Preferred location:

North East