

## Personal Information:

Name	Jessica Tolson	Main Subject	Primary Education	Specialism	Physical Education
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## My academic qualifications:

School/College	University
<b>The Thomas Cowley High School</b> (2010-2015) GCSE: English Language (B), Higher Mathematics (C), Core Science (C), Additional Science (C), Geography (C), History (C), Resistant Materials (B), English Literature (C), Mathematics (C), ICT (A*), French (E). <b>Bishop Burton College</b> (2015-2017) BTEC Level 3: Sport (Exercise, Coaching and Fitness) (D*D*D*) AASE: Women's Rugby Union (Distinction) BTEC Level 3: Achieving Excellence in Sports Performance (Distinction) Understanding Sports Performance (Distinction)	<b>Northumbria University:</b> (2017-2021) BSc (Hons): Applied Sport and Exercise Science (2:1) Master of Art: Public Health (pass) <b>North East Partnership SCITT</b> (2021-2022) PGCE and QTS: Primary Education with Physical Education Specialism (pending)

## The experience I have had in schools:

PGCE Placements	<b>Hazlewood Primary School</b> , Newcastle upon Tyne (September-December 2021 / April-June 2022) <b>St. Aloysius Catholic Junior School Academy</b> South Tyneside (January- March 2022)
Undergraduate Placements	<b>The Thomas Cowley High School</b> (April 2016) <b>Bells Day Nursery</b> (June- August 2015) (June-August 2016) (June-August 2017) (June-August 2018)

## The strengths I have within my teaching:

Core Subjects	Physical Education	Other
<ul style="list-style-type: none"><li>I have developed my core subject knowledge through a range of CPD courses including Talk for Writing, Maths and Science curriculum days, as well as teaching both in KS1 and 2. This has enhanced my understanding of the National Curriculum and enabled me to become more creative with my lesson planning and enriching them with active lessons to help maximise pupil engagement.</li><li>Teaching in both key stages as well as observing outstanding teaching in two different schools has provided me with a pathway for greater understanding of high-quality teaching and learning.</li></ul>	<ul style="list-style-type: none"><li>Completing a Sport Science degree and playing rugby at a high level demonstrates I am keen to encourage children's involvement in sport and physical activity. This is shown through my confident delivery of lessons as well as the use of effective teaching and learning strategies for behaviour management, encouragement of a healthy lifestyle and ensuring pupils adopt key values such as respect, teamwork, honesty and determination.</li><li>I believe lessons should be fun and engaging, in which all pupils are suitably supported and challenged.</li><li><b>NGB &amp; Teacher Courses:</b> FA Primary Teachers Award, RFU Kids First Tag, TOP Sport, Real PE, Real Gym, Emergency First Aid, Bee Netball,</li></ul>	<ul style="list-style-type: none"><li>I have gained valuable training in adapting practice within the classroom to ensure all pupils are included, pupils are working at age related expectations and any gaps in learning can be tackled.</li><li>I have trained in computing, including e-safety and coding and have enjoyed teaching this and seeing pupils quickly progress.</li><li>Art is a real love of mine. It provides opportunities for pupils to express themselves verbally and creatively; an aspect which is important for pupils to have and build upon for the good of their mental health and wellbeing.</li></ul>

## My personal skills and qualities:

I am passionate, hardworking and committed to providing outstanding teaching and learning. I aspire to nurture reflective and resilient learners of the future who are morally and socially prepared for the next stages of their lives. I aim to teach lessons, not only to promote pupil progress and raise achievements, but further motivate children to become passionate about learning and be respectful of their fellow learners. Creating a safe learning environment, grounded in mutual respect whereby children feel comfortable and respected is highly important to me. For this to be achieved, lessons are tailored to each child's learning requirements, inclusive of special educational needs and disabilities. Establishing a positive relationship with students is essential by getting to know pupils' interests, strengths, areas for development and mental wellbeing.

## My other interests and hobbies:

I attend rugby union training twice a week. As well as playing rugby, I love to watch and be involved in sports from different countries. I have a keen interest in the world around us and enjoy visiting other cities and countries, experiencing their cultures and trying new and exciting foods. I then love to try and recreate them in my own kitchen.

## Preferred location:

North East