

Personal Information:

Name	Daniel Wilson	Main Subject	Physical Education	Second Subject	Maths / Computer Science
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My academic qualifications:

School/College	University
St Bedes Catholic Comprehensive School: (2006-2011) GCSE: Maths (C), English Literature (C), Science (C), PE (A), RE (B)	Northumbria University: (2014-2015) <u>Applied Sciences (Hons)</u>
East Durham College: (2011-2013) <u>Level 3 BTEC: Sport (MMM)</u>	Northumbria University: (2015-2018) <u>BSc (Hons): Sport, Exercise and Nutrition (2:1)</u>
	North East Partnership SCITT: (2021-2022) <u>PGCE and QTS: Secondary Physical Education (Pending)</u>

The experience I have had in schools:

PGCE Placements	Wellfield Middle School, North Tyneside (September -December 2021) Benfield School, Newcastle (January - June 2022)
Undergraduate Placements	Kenton School, Newcastle (2018) Chillingham Road Primary School (2018) Studio West, Newcastle (2018)
Other Placements and / or Employment in Schools	East Durham College (2017-2020), Rugby and Football Academy voluntary workshops Houghall College (2017-2020), Rugby Academy voluntary workshops

The strengths I have within my main subject area:

Sporting Strengths	NGB/Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">Represented school at: Athletics, rugby and footballRepresented college and England colleges at: Rugby unionRepresented university at: Rugby league and powerliftingRepresented club level at: Brazilian Jiu-jitsu (BJJ), athletics, rugby league, rugby union and Sambo.Represented Durham County and North of England: Rugby unionPersonal trainer (4 years): Pilates, Kids Active, circuits, boxercise, spinning.Recreational activities: Cycling, Gym, Yoga, Meditation, BJJ.Brazilian Jiu-jitsu: Competing in the British Open	<ul style="list-style-type: none">Introduction to handballYouth Mental Health First Aid CertificateBritish Gymnastics Teachers Trampoline Award Level 1 & 2Level 1 DodgeballLevel 1 Ultimate Frisbee Coaching AwardLevel 1 Rugby League CoachingLevel 1 Basketball (pending)	<ul style="list-style-type: none">Dedication to my teaching philosophy for student progress and achievementStrong subject knowledge in nutrition, periodisation, paediatrics and exercise physiologyExperience in middle school and secondary school teachingAmbitious in providing diverse extra curricular opportunities to maximise student participation and activity levels.Enthusiasm for dietetics and lifelong health.Team player and consistently professional.Ability to adapt lessons to accommodate the needs of students.

My personal skills and qualities:

My experience in a broad range of sports and key stages has provided me with outstanding subject knowledge in PE. I take great pride in my integrity and professional behaviours to lead by example and be the best role model I can be. I am passionate about students maintaining lifelong physical activity levels and balanced nutrition. To support this, I pride myself on providing a broad range of extra curricular activities to provide students with a diverse range of sport and physical activities that in turn supports their progress and achievements. I am passionate about and dedicated to teaching young people; I am always looking to continue my professional development and seek every opportunity to reflect on and refine my practice. I am a reliable team player and truly value my students, the departments and the school I represent. I am committed to personal and professional continuous improvement and am comfortable to take risks and go outside of my comfort zone if it supports students' learning and progress.

My other interests and hobbies:

I am extremely passionate about sport, dietetics, periodisation and exercise adaptation. I spend my free time training and in Brazilian Jiu-Jitsu competitions across the year. I continue to compete in the British Open. I enjoy reading non-fiction and particularly enjoy topics such as strength and conditioning, dietetics and philosophy. My most recent recommendations are "The Power of Habit", "How Not to Die: Discover the Foods Scientifically Proven to Prevent and Reverse Disease" and "12 Rules for Life". Additionally, I am family oriented and actively maintain a healthy body and mind by setting goals, eating well, spending time with loved ones and taking part in Brazilian Jiu-jitsu. I am an advocate of trying new things by ticking off a personal or a family "bucket list" such as diving, visiting landmarks, trying different cuisines or performing quite dreadfully at open mic comedy at The Stand in Newcastle! A large number of my family are from the Seychelles and every year I visit them in Beau Vallon. In summary, I consider myself to be a positive character, extremely resilient, reliable and dedicated to my goals.

Preferred location:

Any location in England.