

Personal Information:

Name	Helen Fenby	Main Subject	Physical Education	Second Subject	Science
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My academic qualifications:

School/College	University
Grangefield Academy: (2011 - 2016) GCSE: English Language (B), English Literature (A*), Maths (B), Science (B B), PE (A*), Geography (A), Art (C). Middlesbrough College: (2016 - 2018) BTEC Level 3: Sport Science (D*D*D*)	Durham University: (2018-2021) BA (Hons): Sport, Exercise and Physical Activity (2:i) North East Partnerships SCITT: (2021-2022) PGCE and QTS: Secondary Physical Education (pending)

The experience I have had in schools:

PGCE Placements	Parkview School, Durham (September - December 2021) Lord Lawson of Beamish Academy, Gateshead (January - June 2022)
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The strengths I have within my main subject area:

Sporting Strengths	NGB/Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">Represented university in: Cricket - first team captainRepresented Durham county in: Cricket - 10 years playing county cricket and 3 years as captainRepresented Northern region: Played semi-professional cricket with the northern diamonds regional cricket team.Represented school in: Cricket, Netball, football, athleticsRepresented Stockton District in: Netball.Represented England Academy: Cricket ECB. Attended the U19 competition in South Africa.Participated at club level: Cricket, football, squash, athletics, swimming.	<ul style="list-style-type: none">Active IQ level 1 in fitness instructingActive IQ level 2 in fitness instructingECB Secondary Cricket AwardBritish Gymnastics Level 1 and 2 Teachers Trampoline AwardYouth Mental Health First Aid AwardIntroduction to Teaching HandballLevel 1 Ultimate Frisbee Coaching AwardLevel 1 Dodgeball Coaching Award	<ul style="list-style-type: none">Significant strength in subject knowledge across a broad range of sports I have played as well as dance, gymnastics and hockey.Good understanding of theory content for anatomy & physiology as well as sports psychology. Experience of teaching GCSE and A Level.Effective behaviour management strategies through preparing engaging lessons, setting high expectations for all pupils and providing appropriate challenges for all pupils.

My personal skills and qualities:

I have played cricket to a high level representing England Academy and the northern regional team in a semi-professional capacity exemplifying my commitment to sport and education from a young age. I am a hardworking individual and pride myself on my organisation and resilience to balance many aspects of life and never give up when an obstacle has been in my way. One of my key qualities is my communication skills with people of all ages; I successfully build rapport with staff and students alike. I have a desire to provide all children with an avenue into sport whether it be for participation in school or club links to allow lifelong physical activity.

My other interests and hobbies:

My life has always revolved around sport from a young age. I still enjoy playing sports casually and I go to the gym regularly. In addition, I like to try and catch up with friends when I have free time and enjoy hiking, listening to music and keeping up to date with new approaches to teaching PE and sport.

Preferred location:

North East