

## Personal Information:

Name	Jack Tait	Main Subject	Physical Education	Second Subject	Maths
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## My academic qualifications:

School/College	University
<b>Whitley Bay High School:</b> (2011-2014) GCSE: Physical Education (A), Maths (A), Geography (A), Science (A B), English Language (B), English Literature (B), ICT (B), Business (B). <b>Gateshead College:</b> (2015-2017) BTEC Level 3: Extended Diploma in Sports and Exercise Science (D*D*D*)	<b>Durham University:</b> (2017- 2020) BA (Hons): Sport, Exercise and Physical Activity (2:i) <b>North East Partnership SCITT:</b> (2021- 2022) PGCE and QTS: Secondary Physical Education (pending)

## The experience I have had in schools:

PGCE Placements	<b>Ponteland High School, Northumberland</b> (September- December 2021) <b>St Cuthbert's Catholic School, Newcastle</b> (January- June 2022)
Other Placements and / or Employment in Schools	<b>Ponteland Community Middle School, Northumberland</b> (December 2015 - 2017) <b>Moorbridge PRU, Newcastle</b> (January- June 2021)

## The strengths I have within my main subject area:

Sporting Strengths	NGB/Other Coaching Awards	Teaching Strengths
<p>Rugby Union</p> <ul style="list-style-type: none"><li>Northumberland County 15s &amp; 18s</li><li>Durham University at BUCS Level</li><li>Gateshead College Rugby Programme</li></ul> <p>Rugby League:</p> <ul style="list-style-type: none"><li>England U19s in Italy</li><li>Tyne and Wear U19s</li><li>North England Colleges U19s</li><li>Team North in the Tyne and Wear State of Origin</li></ul> <p>Athletics:</p> <ul style="list-style-type: none"><li>U13s, U15s and U16s Northumberland Schools Discus, Shotput &amp; 100m. County Discus Champion 2010 &amp; 2011</li></ul>	<ul style="list-style-type: none"><li>British Gymnastics Level 1 &amp; 2 Teachers Trampoline Award</li><li>Dodgeball Level 1</li><li>Introduction to Teaching Handball</li><li>Youth Mental Health First Aid</li><li>National Pool Lifeguard Qualification</li><li>ECB Secondary Cricket Award</li><li>Level 1 Ultimate Frisbee Coaching Award</li></ul>	<ul style="list-style-type: none"><li>Extensive experience and a strong subject knowledge with GCSE, NCFE, Cambridge Nationals Level 2 and Cambridge Technicals Level 3.</li><li>Strong practical subject knowledge through the utilisation of CPD and research.</li><li>Behaviour management knowledge and application through employment at the PRU. I develop positive respectful relationships with students quickly leading to proactive management and a positive learning environment.</li><li>Resilient, adaptive practitioner who actively looks to take on extra curricular activity.</li></ul>

## My personal skills and qualities:

I am a resilient, hard worker who responds positively to challenges. I have worked in a PRU setting and learned a lot from colleagues of how to manage behaviour and pupils with SEND and SEMH. I have worked with students from a range of different backgrounds and abilities and learned to cater for their needs. I have developed strong subject knowledge across all areas of the curriculum and used CPD sessions to further deepen my knowledge of teaching and learning strategies. I have embedded a range of techniques to deliver engaging lessons that ensure students progress and develop their knowledge of Physical Education in a safe learning environment. I continuously look to improve my practice through reflection and I am a huge advocate for extra curricular activity and the benefits it can bring.

## My other interests and hobbies:

I enjoy cycling and going to the gym in my spare time mainly due to being taught the importance of training and the benefits it can have on your physical and mental health. I was an RLSS qualified lifeguard for 6 years and have had a passion for swimming and water sports since I was young. As a lifeguard you are trained in safeguarding and the importance of health and safety which is knowledge that will carry through with me to future employment. Beyond sport I enjoy travelling, having frequently visited Australia, the Caribbean and the USA. I have enjoyed attempting new challenges such as the North Coast 500.

## Preferred location:

London