

## Personal information:

<b>Name</b>	Ainsley Foster	<b>Main Subject</b>	Physical Education	<b>Secondary Subject</b>	English
-------------	----------------	---------------------	--------------------	--------------------------	---------

## My academic qualifications:

School/College	University
<p><b>The Blyth Academy</b>, Northumberland (2011 - 2018)  <u>iGCSE</u>: English (B)  <u>GCSE</u>: Maths (B), Biology (B), Chemistry (C) Physics (C), PE (C), Geography (C), Religious Studies (B), ICT (C)  <u>BTEC</u>: Level 2 in Sport (Dist *)  <u>BTEC</u>: Level 3 in Sport (Dist *)  <u>AS Level</u>: ICT (D)  <u>A Level</u>: Geography (D)</p>	<p><b>Northumbria University</b> (2016 - 2020)  <u>BSc (Hons)</u>: Sport Development (2:1)    <b>North East Partnership SCITT</b> (2022 - 2024)  <u>PGCE and QTS</u>: Secondary Physical Education (pending)</p>

## The experience I have had in schools:

<b>PGCE Placements</b>	<p><b>Wellfield Middle School</b>, Newcastle (October – December 2022)  <b>Astley High School</b>, Northumberland (February – April 2023)  <b>Cramlington Learning Village</b>, Northumberland (February - June 2024)</p>
<b>Undergraduate Placements</b>	<p><b>Trinity Academy (Specialist Provision)</b>, Durham (2023) - Assisted in English, Maths and PE</p>
<b>Other Placements / Employment</b>	<p><b>The Blyth Academy</b>, Northumberland (June - July 2022) – voluntarily supporting PE lessons, after school clubs and primary PE transition events  <b>Monkseaton Middle School</b>, North Tyneside (June - December 2023) - Worked as an LSA supporting students on the SEN register as well as whole class support.  <b>Northburn Wanderers Football Club</b>, Cramlington (January - July 2018) - Assisted alongside a FA qualified coach delivering coaching sessions and supporting at fixtures</p>

## The strengths I have within my teaching:

Sporting Strengths	NGB/Other Coaching Awards	Teaching Strengths
<p>I have a broad background and experience of various sports and physical activities which have created my passion for physical education including:</p> <ul style="list-style-type: none"> <li>Playing football at various levels, from grassroots to academy level.</li> <li>Representing school at football, cricket, table tennis, badminton</li> <li>Experiencing teaching/coaching a variety of sports such as dance, football, rugby, handball and gymnastics.</li> <li>My personal experiences in sport have given me a unique perspective and understanding of the physical, mental, and emotional benefits of physical activity, helping me to inspire and motivate my students to develop their own love of sports and physical fitness.</li> <li>Confident in teaching dance and the development of motifs.</li> </ul>	<ul style="list-style-type: none"> <li>Qualified FA football referee (2016)</li> <li>Introduction to teaching handball (2022)</li> <li>Level 2 award in multi-skills development 1st4sport. (2022)</li> <li>British Gymnastics Level 1 and 2 Teachers Trampoline Award</li> <li>Level 2 award in multi-skills development in sport (2017)</li> <li>Level 2 certificate in the principles and preparations for coaching sport (2017)</li> <li>Introduction in officiating wheelchair basketball award (2017)</li> <li>Mental Health and First Aid Award</li> <li>First Aid at Work</li> <li>ECB Chance to Shine Secondary Teachers' Award</li> </ul>	<ul style="list-style-type: none"> <li>Have taught PE to year 5 and 6 pupils, developing further my understanding of transition to secondary education and the primary PE curriculum.</li> <li>Experience of working in or observing within a SEN and middle school, and over 14 secondary schools as part of my ITT allowing me to adapt to different learning environments and successfully engage students of all levels and abilities.</li> <li>Experience of adapting practice to meet the needs of all learners.</li> <li>Strong behaviour management skills and development of purposeful relationships for learning with pupils and staff.</li> <li>Experience of teaching GCSE and A Level PE.</li> </ul>

## My personal skills and qualities:

I am dedicated to designing engaging and effective lessons that challenge and motivate my students to make progress. I have a strong track record of building positive relationships with my students through my enthusiasm and willingness to go the extra mile, such as taking on extra duties during break and lunch times and forming extracurricular clubs. I take pride in the use of visual and auditory aids in my teaching, such as PowerPoints, peer assessment, questioning and models to supplement my instructions and enhance student learning. I am committed to creating a positive and inclusive learning environment that promotes the physical and personal growth of all students.

## My other interests and hobbies:

I am passionate about volunteering with cancer charities and giving back to the community having had the opportunity to support young people suffering from cancer and delivering speeches at fundraising events. I have also organised and hosted a successful charity night that raised thousands of pounds. I am dedicated to continuing this work. Reading is another hobby that I enjoy, particularly non-fiction and autobiographies. It is a great way for me to relax and learn something new.

<b>Preferred location:</b>	North East
----------------------------	------------