Personal information: Physical Education Name Jai Chungh Main Subject Secondary Subject My academic qualifications: School/College University NCEA Josephine Butler Secondary, Ashington (2011-2016) Northumbria University (2018 - 2022) GCSE: English Language (A), English Literature (A), Maths (B), BSc (Hons): Applied Sport and Exercise Science (2:1) Physics (B), Chemistry (B), Biology (B), Physical Education (A*),

NCEA Josephine Butler Sixth Form (2016-2018) A Level: Physical Education (B), Biology (C)

Geography (B), Religious Education (C)

AS Level: Maths (D), IT (A)

North East Partnership SCITT (2023 - 2024) PGCE and QTS: Secondary Physical Education (pending)

The experience I have had in schools:

Duchess Community High School, Alnwick (October - December 2023) PGCF Bede Academy, Blyth (February - June 2024) **Placements** Undergraduate **Placements** Other Placements Headstart Education - Alternative Provision, Ashington (January - July 2023) Hirst Welfare Centre - Primary School Camps, Ashington (February - May 2016) / Employment

The strengths I have within my teaching:

Sporting Strengths

- Represented Northumbria University first team and represented Northumberland at U15 and U16 level in football
- · Captained a number of junior football teams at U11 through to U18 level
- I continue to play football in the Northern Alliance for Bedlington FC
- Represented county level in 400m, 1500m, high jump and volleyball
- Enjoy running and weightlifting recreationally
- Have completed a number of half marathons and am currently training for my first full marathon in April 2024

NGB/Other Coaching Awards

- · British Gymnastics Level 1 and 2 Teachers Trampoline Award
- Youth Mental Health First Aid
- First Aid at Work
- · Introduction to Teaching Handball
- Level 1 Kinball
- Level 1 Ultimate Frisbee
- FA Secondary Teachers Award
- ECB Chance to Shine Secondary Teacher Award
- Youth Sports Trust Inclusion in PE workshop
- DfE Accelerated Computer Science Qualification

Teaching Strengths

- · Broad range of experience and strong foundation of subject knowledge with teaching GCSE, Cambridge Nationals and Cambridge Technicals.
- Strong practical subject knowledge through extensive personal experience, observations and application of CPD.
- Behaviour management and adaptive teaching strategies well developed on having had a history as HLTA in an alternative provision
- · High ability to form strong interpersonal relationships with pupils encouraging a positive learning environment and a pragmatic classroom climate
- Highly encouraged to succeed and reflective of feedback given from mentors and senior leadership team of how to improve my own personal practice.

My personal skills and qualities:

I am a determined and resilient individual with a passion for bringing the indisputable benefits of PE to as many students as possible. Working as a HLTA in an alternative provision prior to my training year has allowed me to be able to adapt practice to support students with SEND and poor behaviour, as well as to build strategies with regards to behaviour management. The skills I have gained from being involved with sport from a young age allow me to build relationships and rapport quickly with students. My passion for teaching PE has grown significantly over the years and has become a true focus after the realisation of the difference I would like to make to young people's futures. My leadership skills have been recognised by peers and course leaders as I am currently the elected secondary course representative due to my ability to be a voice for those around me and my articulate nature.

My other interests and hobbies:

I am a very active individual who trains every day towards different sporting goals, whether it be marathon training or sport specific weightlifting training. I understand the benefits that being active has on my physical and mental wellbeing, having just returned to sport after a long period on the sidelines due to a scaphoid fracture. I am a keen supporter of Manchester United, which has its ups and downs... mostly downs at the moment! I am a bit of a bookworm and enjoy a little indulgence into topics of philosophy and self improvement. Besides sport, I am a big foodie and enjoy spending time with my family cooking. My grandmother has finally given me her recipe for her amazing chicken curry but... no one makes it like grandma!

Preferred location:

North East and UAE