# Personal information: Name Owen Sellers Main Subject Physical Education Subject Maths My academic qualifications: School/College University

**Graham Secondary School,** Scarborough (2011 - 2016)

<u>GCSE:</u> Maths (C), English Literature (B), English Language (C),
Science (C),Psychology (B), Physical Education (C), Music (B),
History (C)

Scarborough Sixth Form, North Yorkshire (2016 - 2018) BTEC: Extended Diploma in Sport (Distinction\*, Distinction\*, Distinction\*) Northumbria University (2018 - 2021) BSc (Hons): Sports Coaching (2:1)

North East Partnership SCITT (2023 - 2024)
PGCE and QTS: Secondary Physical Education (pending)

# The experience I have had in schools:

PGCE Placements	Ponteland High School, Newcastle (October - December 2023) St Cuthbert's Catholic School, Newcastle (February - June 2024)
Undergraduate Placements	St Augustine's Catholic Secondary School, Scarborough (January - September 2022)
Other Placements / Employment	Friarage Primary School, Scarborough (January - September 2021) Scarborough Sixth Form, Scarborough (January - September 2020)

## The strengths I have within my teaching:

#### Sporting Strengths

I have a broad background and experience of various sports and physical activities which have created a passion for physical education including:

- Representing my secondary school in a range of sports which include football, badminton, cricket, rounders, table tennis, basketball, athletics and handball.
- Playing football in a mix of ability settings from grassroots to representing my college academy first team.
- Coaching football in Australia and to 3 - 16 year olds in Yorkshire.
- Swimming and lifeguarding.
- Teaching of leadership qualifications at sixth form level.
- My personal experiences in sport have given me a unique perspective and understanding of the physical, mental, and emotional benefits of physical activity, helping me to inspire and motivate my students to develop their own love of sports and physical fitness

# NGB/Other Coaching Awards

- Introduction to Teaching Handball
- Level 2 Award in Multi-Skills Development 1st4sport
- Level 2 Award in Multi-Skills development in sport
- British Gymnastics Level 1 and 2 Teachers Trampoline Award
- Level 2 Certificate in the Principles and Preparations for Coaching Sport
- Health and First Aid Award
- First Aid at Work
- ECB Chance to Shine Secondary Teachers' Award
- Level 1 Kinball
- Level 1 Ultimate Frisbee
- Youth Sports Trust Inclusion in PE workshop
- FA Secondary Teachers Award
- Safeguarding
- Level 1 Sports Leaders Award

#### Teaching Strengths

- Have experience working in primary settings in Australia and becoming familiar with their country's curricula.
- Strong curriculum knowledge and experience of teaching a range of activities across Key Stage 3, 4 and 5.
- Strong behaviour management skills as well as creating meaningful relationships with students built on a foundation of respect and praise.
- Extensive contribution to the wider life of school through extra curricular and educational visits.
- Strong adaptive practice and inclusive approach to ensure all students can access learning and make progress.
- Effective use of assessment strategies and monitoring students' growth to help reshape lessons and address misconceptions where necessary.
- Exemplary role model with consistent, high levels of professional behaviours.

## My personal skills and qualities:

I am motivated to deliver strong engaging lessons that will not only help students' physical growth but also social and emotional skills that will develop students' characters. I have a passion for building strong relationships with students through my enthusiasm for sports and going the extra mile when planning sessions aimed to include pupils from mixed ability backgrounds and urging them to feel successful when participating in my lessons. I take pride in my resources which are tailored for each individual lesson allowing them a better understanding when present in my lessons. I am dedicated to running extracurricular clubs which are inclusive regardless of ability.

### My other interests and hobbies:

I am currently involved in the community and coach football academies for ages 18 months to 14 years at weekends. In addition to physical activity and sport, I love music and have a Grade 8 Drum and Grade 4 Guitar Award from Rock School Music. This has been helpful in developing my confidence to perform individually and my teamwork skills by performing with a band.

## Preferred location: