

Personal information:

Name	Rachel Wakefield	Main Subject	Physical Education	Secondary Subject	Maths
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My academic qualifications:

School/College	University
<p>Harton Academy, South Shields (2013 - 2018) <u>GCSE</u>: English Literature (6), English Language (5), Maths (5), Combined Science (5 5), Geography (6), Physical Education (5), Business Studies (C), Religious Studies (6) <u>BTEC</u>: IMedia (Pass) Gateshead College (2018 - 2020) <u>BTEC</u>: Sport & Exercise Science (D*D*D*)</p>	<p>The University of Sunderland (2020 - 2023) <u>BA (Hons)</u>: Physical Education & Youth Sport (2:1) North East Partnership SCITT (2023 - 2024) <u>PGCE and QTS</u>: Secondary Physical Education (pending)</p>

The experience I have had in schools:

PGCE Placements	<p>Whickham School and Sports College, Gateshead (October - December 2023) Whitburn Church of England Academy, Whitburn (February - June 2024)</p>
Undergraduate Placements	<p>Harton Academy, South Shields (2019) Boldon School, South Shields (2022) The Beacon Centre, South Shields (2023)</p>
Other Placements / Employment	<p>South Tyneside Council Sports Development, South Shields (2019 - 2023) Carley Dance & Theatre, South Shields (2019 - 2023)</p>

The strengths I have within my teaching:

Sporting Strengths	NGB/Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none"> Dancing - I have danced since I was 3 years old taking part in dance shows and exams. I competed in tap, modern, ballet, song & dance and lyrical in local dance competitions and championships in Cumbria. Running - I attended South Shields Harriers for 8 years and took part in local park runs. I competed in cross-country races around the North East representing my school. I also completed the Great North Run and raised money for Guide Dogs for the Blind. Experience of teaching pupils with SEND and using aqua therapy. I continue to teach dancing and feel my strengths are in the aesthetical aspect of Physical Education although I have represented my school in a range of sports and activities. I have a particular strength in teaching fitness, athletics and trampolining as well. 	<ul style="list-style-type: none"> British Gymnastic Level 1 & 2 Teachers Trampoline Award Youth Mental Health First Aid Level 1 Kinball Introduction to Teaching Handball Award ECB Secondary Teachers Chance To Shine FA Secondary Teachers Award Level 1 Ultimate Frisbee First Aid at Work Safeguarding Northern Counties Dance Teachers' Pre-Associate North Counties Dance Teachers' Associate 	<ul style="list-style-type: none"> Strong behaviour management skills and development of purposeful relationships for learning with staff and students. Passionate about supporting pupils by ensuring all lessons are engaging and inclusive for all. Experience teaching students with a range of SEND needs, including physical disabilities and impairments. Effective and professional classroom management through developing high expectations and a strong relationship with students to create a high-quality learning experience. Outstanding level of organisation and planning to allow preparation for all abilities in lessons. Highly value the importance of extracurricular opportunities and opportunities for wider contributions to the school community through residential experiences. opportunities for wider contributions to the school community through residential experiences.

My personal skills and qualities:

I have experience working with children with SEND such as attention deficit hyperactivity disorder, hearing difficulties and autism delivering physical activity during school holidays. I am passionate about teaching and promoting sport and wellbeing. Organisation is key to my success, and this is something I consider a personal strength. Balancing the demands of my own training and teaching dance has taught me the value of effective time management most importantly maintaining a positive attitude and sense of humour throughout. Furthermore, I am a reflective practitioner, allowing me to continually improve my teaching practice.

My other interests and hobbies:

I am a qualified dance teacher currently teaching at my local dance school in South Tyneside. I like to be active by going to the gym or participating in fitness classes. Outside of sports, I enjoy socialising and eating out with family and friends.

Preferred location:	North East
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