

Personal information:

Name	Thomas Irving	Main Subject	Physical Education	Secondary Subject	Science / Computer Science
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My academic qualifications:

School/College	University
The Nelson Thomlinson School , Wigton (2013 - 2020) <u>GCSE</u> : Mathematics (7), Biology (7), Chemistry (7), Physics (6), Computer Science (5), Physical Education (8), Spanish (5), English Language (5), English Literature (5), Geography (7) <u>A Level</u> : Biology (B), Psychology (B), Physical Education (B)	Northumbria University (2020 - 2023) <u>BA (Hons)</u> : Sport Coaching (First Class) North East Partnership SCITT (2023 - 2024) <u>PGCE and QTS</u> : Secondary Physical Education (pending)

The experience I have had in schools:

PGCE Placements	St Thomas More Roman Catholic Academy , North Shields (October – December 2023) John Spence Community High School , North Shields (February – June 2024)
Undergraduate Placements	The Nelson Thomlinson School , Wigton (March – April 2022) – Assisted in PE and Food Technology
Other Placements / Employment	

The strengths I have within my teaching:

Sporting Strengths	NGB/Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">Played football at a recreational level for the last ten years at five, seven and eleven-a-side.Represented my school in cross-country and football, winning the county cup.Have experience teaching a multitude of sports, including football, rugby, dance, badminton, hockey, fitness, basketball, gymnastics, dodgeball, trampolining and handball.My personal experience in sports and physical education has taught me the importance of having inclusive and appropriate lessons to build confidence, resilience, and other crucial life skills.Have coached football teams in both KS2 and KS3.Thoroughly enjoy all sports and physical activities.Passionate about running and going to the gym.	<ul style="list-style-type: none">FA Coaching Level 1British Gymnastics Level 1 and 2 Teacher's Trampoline AwardLevel 1 KinballIntroduction to Teaching Handball AwardECB Secondary Teacher's Chance to ShineFA Secondary Teacher's AwardLevel 1 Ultimate FrisbeeDFE Accelerated Computer Science QualificationFirst Aid at WorkYouth Mental Health First AidSafeguardingSafeguarding for committee members FA course certificateGuide to anti-doping whereabouts FA course certificateRespect for coaches FA certificateEquality and diversity FA certificateGuide to anti-doping FA certificateSafeguarding adults FA certificateSudden cardiac arrest FA certificateConcussion guidelines FA certificateSafeguarding for all FA certificate	<ul style="list-style-type: none">Strong subject knowledge and experience of GCSE PE, particularly anatomy and physiology.A positive and enthusiastic individual who develops strong professional relationships with staff and pupils.Outstanding organisational skills allowing effective preparation to ensure lessons are set at an appropriate level, allowing success for all.Strong ability to evaluate and reflect on practice and identify areas requiring improvement.Motivated to ensure my practice is inclusive and engaging for all students and their individual needs.Committed and passionate about extra-curricular provision.Professional and strong classroom and behaviour management through taking an interest and forming strong relationships, along with consistent maintenance of high expectations.Using both formative and summative assessment to evaluate progress of students and adapt future lessons.

My personal skills and qualities:

I have many qualities which will be ideal for my chosen career path in teaching PE. I am an honest, patient and a reflective individual which, during my training year, has helped me form strong relationships with students and deliver engaging lessons that are inclusive for all student's needs. I am hardworking, talented, and motivated, always looking to improve my practice through either research on emerging pedagogies and strategies, or feedback from professionals or students who have experienced my delivery. Although my passion mainly lies within PE, I can also deliver science and ICT to students in KS3. I thoroughly enjoy science, especially biology due to its close links with PE through anatomy and physiology, and ICT, as I am captivated by technology and how it functions. My approachable, mature and reliable character means I have been elected as secondary course representative at the North East Partnership SCITT, something I am hugely proud of.

My other interests and hobbies:

I enjoy playing football with my Sunday league team and also playing 7 and 5-a-side with friends frequently. I love following football, especially at the moment as a Liverpool fan, and visiting my local team, Carlisle United, when possible. I have recently picked up running and going to the gym which has had an amazing impact on my wellbeing. Outside of sports, I enjoy spending time with friends and family.

Preferred location:

North West